Short Communication

Marijuana: Indian scenario

The police in India, almost of every state have a very careless and soft attitude towards production and smuggling of marijuana. As a result the availability of marijuana to the suppliers and end user is hardly a problem. It is very common practice to blend marijuana with other chemical in order to make it more addictive. Sometimes ganja is also mixed with other impurities such as leaves etc. to increase the quantity. Marijuana is becoming so common in college campuses that one merely can ask someone about where to get hold of it like asking direction to a tea vendor. Again the problem lies within the Indian youth mindset towards the use of this drug.

This is considered as gateway to all drugs because once body of user start developing tolerance he/she will require more quantity to get the same rush and sometime they hunt for new drug.

There are many side effects of marijuana like short term memory problems, smelling or hearing things which are not present and sometimes even meeting or talking to people or things which don’t exists. This condition is known as psychosis and its treatment is very lengthy because the belief system of your brain is designed around that feeling which was not real. The condition of psychosis is prolonged even after the abstinence from the substance. There are many other problems associated with this like increased heart rate, sexual problems etc.

If someone who has trouble quitting this habit should immediately contact de-addiction centre and enquire about their programs. There are many NGO’s and institution working in India regarding this issue.

On a concluding note this problem is in the society that we live in and the simplest and most effective way to overcome this problem is to be aware and make others also aware about the ill effects of marijuana.

Source: www.shrigksdeaddiction.org

http://socialjustice.nic.in/writereaddata/UploadFile/Magnitude_Substance_Use_India_REPORT.pdf