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## Research Article

# Closed removable thread vascular anastomosis stent (Lasheen Vascular Stent)

## Abstract

**Background:** Vascular anastomosis is a most common and important part of many reconstructive transplant procedures. Venous anastomosis can be done by using coupling devices. In arterial anastomosis still the suture method is the main method, which is time consuming, need much experience, and associated by many complications specially with small arteries (microanastomosis). This study offers new type of stent (Lasheen vascular stent) for vascular anastomosis.

**Methods:** This experimental study included 7 Egyptian native dogs. Under general anesthesia, the femoral artery was exposed and cut, then re-anastomosis by using thread vascular stent of suitable caliber. Where one end of stent passed from the lumen of distal end of femoral artery and passed through the tissue to appear on skin. Other end of stent passed from the lumen of proximal end of femoral artery through the tissue to appear on skin. Four sutures were taken to approximate two femoral ends on stent. Then, the wound closed in its layers with stent in its position and both stent ends were fixed on skin. After, two weeks the stent was removed by traction on both stent ends to change the stent to thread and come out of body.

**Results:** The mean time to put the stent in right position was 10 minutes. The prophylactic dose of antithrombotic drug given for three days and antiplatelet aggregation drug for 15 days. All anastomosis were clearly patent by clinical observation and duplex scanning if needed during period of follow up (3 months). No leakage during procedure or hematoma after stent removal were observed.

**Conclusion:** Lasheen vascular stent for vascular anastomosis is rapid, less time consumed, has short learning curve and good results, and with no special complications.

## Introduction

Many surgical procedures as organ and tissue transplantation of re-implantation and reconstruction the vascular anastomosis represent the most important part [1]. The main cause of these surgical procedures failure is problems in vascular anastomosis technique as intima laceration, vessels distortion, unsuitable sutures. This accidents well leading to thrombosis and tissue ischemia [2]. Many researches were done to improved the vascular anastomosis techniques steps and outcome results as using clips, coupling devices, adhesive and gel substances, leaser, and stents [3-7]. The ideal method for vascular anastomosis must be easy (has short learning cure), short time consuming, maintain normal blood flow, and not leading to thrombosis and ischemia immediately or later on.

## Methods

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Ethical Committee approved this study before its initiation at September 2018. The thread Vascular stent was prepared by corresponding author for this study. The stent formed from nylon or Prolene of No. 0 or 2/0 twisted in equal multiple circles to form tube (about 1.5 to 2 cm) and these circles adherent together by fibrin glue. The both stent ends are thread in length 10 to 15 cm and each of them fixed inside long fine needle (spinal needle No. 20 or 22) Figure 1. Seven Egyptian native dogs were included in this study and their weight ranged from 15 to 20 kg. For the surgery, in each animal an antecubital vein was cannulated sodium pentothal injected, then intubated and anesthetized with 2% isoflurane in oxygen. With the animal in supine position the medial thigh and groin were shaved and prepared with povidone iodine. Tourniquet was applied on thigh proximal to site of femoral artery exposure. The femoral artery was exposed and transected. The suitable thread stent for femoral artery caliber was prepared. The needle with one stent end passed from lumen of one femoral artery end, then transected artery wall about 1 cm and through tissue to bring

stent end on skin. Then do same steps with other stent end and other femoral artery end. The both stent ends were fixed in skin of thigh. Few stitches were taken to approximate two femoral ends. The wound closed in layers with stent in position inside the artery, then removed tourniquet and notice flow, and leakage. Prophylactic dose of anticoagulant (heparin) for three days and antiplatelet aggregation (aspirin) for 2 weeks were given. Broad spectrum antibiotics were given for all dogs for one week. After 2 weeks the stent was removed by application of traction on both stent ends until the stent change to thread, then cut one end on skin and continuous traction on other stent end until all stent come out in form of thread. The patency of each anastomosis was assessed clinically and confirm by duplex ultrasound scanning if needed daily at first 2 weeks, every week for next 2 weeks, every one month for next 2 months.

## Results

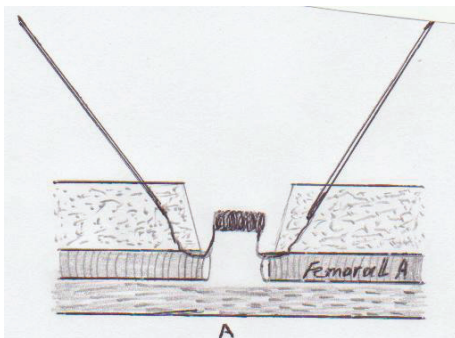
The mean time to put Lasheen vascular stent in right position and finish of anastomosis was 10 minutes. The stent length was varied from 1 to 1.5 cm. All anastomosis were clearly patent by palpitation, vitality of dog limb, and confirm by duplex scanning during period of follow up (3 months). No leakage during procedure or hematoma after removal of stent were observed. Stent removal was easy and not associated by any complications (Figures A-E).

## Discussion

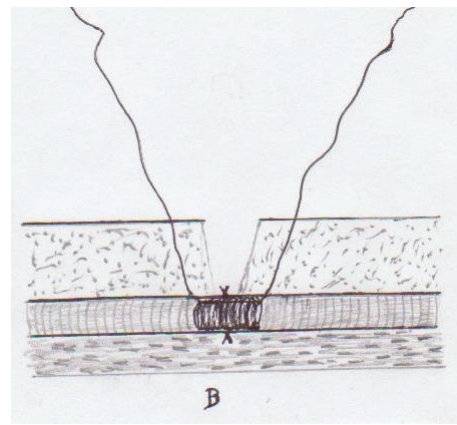
The tissue transplantation and many reconstructive procedures depends on successful of vascular anastomosis. The characters of ideal vascular anastomosis procedure are simple and has short learning curve, rapid (decrease tissue ischemia time), less vessel wall trauma, and provides good short and long-term patency rates. Many researches were



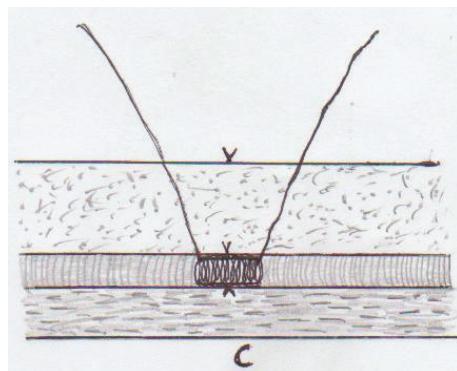
**Figure 1:** Lasheen vascular stent. (1) Thread stent part which put inside the vessel at anastomotic line formed of nylon or Prolene No. 2/0 or 0. (2) Both ends of stent are thread in 10 to 15 cm in length. (3) Fine needle is metal part of spinal needle No. 22 or 20 in which stent ends were passed and fixed.



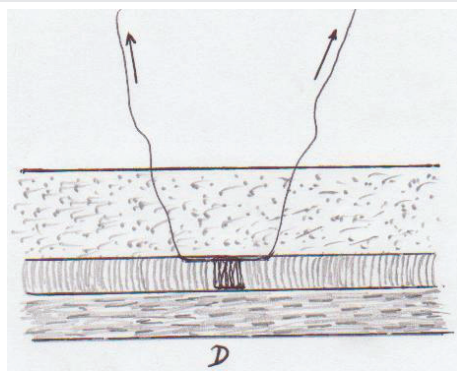
**Figure 2A:** Both needles were passed from inside both femoral artery ends to pierce the artery wall and tissue bringing the both stent ends on the skin where fixed on skin for 2 weeks.



**Figure 2B:** Both needles were passed from inside both femoral artery ends to pierce the artery wall and tissue bringing the both stent ends on the skin where fixed on skin for 2 weeks.



**Figure 2C:** The stent is in its position and wound closed in layers.



**Figure 2D:** Stent removal after healing of anastomosis by traction on both stent ends until all stent change to thread.

done to find this technique [8,9]. Clips and staples were used as alternative to suture anastomosis technique which suitable to big vessels and with less advantages [10,11]. Glue and adhesives substances as cyanoacrylates and thrombin-based (fibrin-glues) with some success and complications as thrombus formation [12]. Laser assisted vascular anastomosis is largely confined to experimental studies [8,13]. Stents for vascular anastomosis divided to temporary and permanent. Temporary stent may be dissolve, which lysis immediately after finishing of anastomosis procedure as gels [14]. Non dissolved temporary stent, which put during anastomosis technique and removed before closure of line of anastomosis,

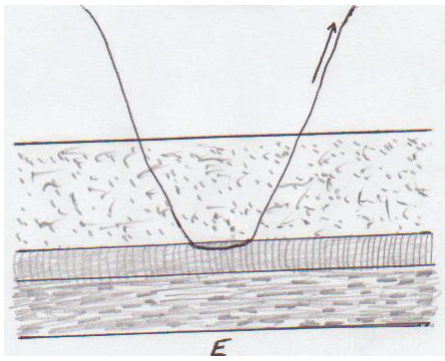


Figure 2E: The stent was changed for thread, here the traction was released from one thread end and continuous on other end until thread come out completely from the body.

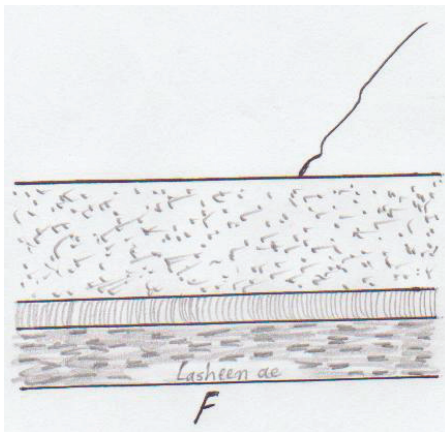


Figure 2F: Thread stent come out of body without trauma for artery wall and tissue (closed removable).

with some complications as time consuming, rupture of line of anastomosis, and leakage. Stent temporary for time of healing and the lysis spontaneously inside the vessel may be leading to vascular obstruction by stent remnants or thrombus formation [6]. Permanent stent as metallic type which suitable for big artery, need for anticoagulant drugs for life, and may be associated by tissue overgrowth [15]. Lasheen vascular stent stay at anastomosis line until complete healing (staying time is complete controlled), when removed not producing any trauma for vessel wall and tissue, and not leaving any remnants. Anticoagulant and antiplatelet agents were given for stent staying time only. In spite our stent was used in dogs (experimental study), no limitation to use lasheen vascular stent in human being by same technique.

## Conclusion

Vascular anastomosis with thread stent is quick, simple, has short learning curve, associated with good results on short- and long-term time, and removed without any trauma for vessel wall and tissue (closed removable).

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