Weight Loss Programs fail in obese children with Blount’s and SCFE

Published On: June 27, 2017 | Pages: 022 - 026

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Introduction: Slipped capital femoral epiphysis (SCFE) and Blount’s disease in children are associated with obesity. The purpose of this study is to evaluate the effectiveness of pediatric weight management programs in achieving weight loss in overweight children with SCFE and Blount’s disease. ...

Proposal for an Urgency Score as General Referral Strategy to Second- Care Rheumatology

Published On: February 07, 2017 | Pages: 001 - 007

Author(s): Mohamed Omar Ghazal and Michael Schirmer*
Objectives: To assess the practicability of a questionnaire to routinely discriminate between urgent and non-urgent rheumatology appointments by administrative personnel. Second, to discuss the results in view of current literature on referral strategies of rheumatic patients from primary to secondary care, including those with immune-mediated rheumatic diseases. ...

Soft Tissue Mobilizations as a Treatment for a Tension-Type Headache
Background: A tension-type headache (TTH) is the most common form of a headache. The complex interrelation among the various pathophysiological aspects of TTH might explain why this disorder is so difficult to treat. Manual therapy is considered one of the main treatments for TTH. ...