4Work-family conflict and musculoskeletal disorders among wait staff- results from touristic city Isfahan, Iran

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Background: This investigation undertook to corroborate the alarming regions concerning the elements that impact work–family dispute among hotel employees in Isfahan, Iran. Method: Data were composed of wait staff workers of 4 or 5-star (or in some rating First Class and Luxury) hotels, and gathered from 150 people by questionnaire that had three sections: demographi ...

Subjects with substituted hypothyroidism oxidize more lipids and carbohydrates during exercise

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Subjects with hypothyroidism substituted with levothyroxine (HS) are known to be poor responders to weight reducing strategies. Since muscle energy metabolism is regulated by thyroid hormones we compared the oxidation of fat and carbohydrates (CHO) during exercise in HS versus controls. We compared 52 patients (48 women, 4 men, age 49 t years, levothyroxine dose 25-25 ...

Femoral cartilage thickness in patients with systemic sclerosis: It’s relation to
Systemic sclerosis (SSc) is a chronic autoimmune progressive connective tissue disease characterized by widespread vascular, immune and fibrotic changes of the skin and internal organs. Articular cartilage thickness previously investigated in few. Lower levels of vitamin D have been demonstrated in SSc patients and may be related to more severe disease of longer durat ...