Full awareness or mindfulness in the practice of current clinical psychology and psychiatry: Explanatory contributions

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Author(s): José M Bertolín-Guillén*

Introduction: In accordance with relevant historical sources and the objective of reducing the conceptual ambiguity surrounding full awareness or mindfulness, it should be emphasized that the aim of these concepts is better self-regulation and that the task of the observer is to remain equanimous between attraction and repulsion of what is being observed. Methods: A ...

Suicide in Haiti

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Author(s): Felicia Douglas*

“Suicide is a complex global public health problem, yet few studies have examined local socio-cultural explanatory models and other contextual factors surrounding suicide in low-and-middle income countries (LMIC)” (Hagaman et al., 2013). Haiti is one of many LMIC’s where suicide has not been studied until now. Strong cultural beliefs and fear of stigma has played a la ...