Dignity therapy for non-terminally ill elderly

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Author(s): Miguel Julião* and Fernanda Barata

Dignity Therapy (DT) is a psychotherapeutic approach designed to increase patient’s sense of meaning and purpose, offering the opportunity to talk about issues that matter most to them, to share moments they feel were most important and to speak of things they would like to be remembered [1]. DT has been developed and trialled for those near death and had shown effica...