**Anxiety and Depression in Hypertensive Women: Influence on Symptoms and Alexithymia**

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Objectives: Depression and anxiety are common mental disorders in women with cardiovascular disease. However, little research has examined the role of these disorders among women suffering from essential hypertension (EH). The present study explored the prevalence of both depression and anxiety in women with hypertension. It also examined the relationships of depression and anxiety to symptoms and alexithymia.

**Hypertension and Cardiovascular Risk Factors in Young University Students from Quito, Ecuador**

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Introduction: Hypertension is the most common chronic non-contagious disease. High blood pressure is an important risk factor for premature mortality and contributes to the development of heart disease, stroke and kidney failure. In spite of the fact that it is considered to be an adult disease, the frequency in young people has increased.

**Blood Pressure Control during Hospitalization at the Department of Medicine**
Author(s): Marc Murinson, Brandon Roth, Ehud Grosman, Dror Dicker and Avishay Ellis*

Introduction: Hypertension control has been shown to decrease morbidity and mortality. However, it is unclear whether it is worthwhile to control blood pressure (BP) in the inpatient setting. The aim of the study was to determine physicians’ attitude towards the management and control of hypertension during hospitalization at internal medicine departments. ...