Anxiety and Depression in Hypertensive Women: Influence on Symptoms and Alexithymia

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Objectives: Depression and anxiety are common mental disorders in women with cardiovascular disease. However, little research has examined the role of these disorders among women suffering from essential hypertension (EH). The present study explored the prevalence of both depression and anxiety in women with hypertension. It also examined the relationships of depression and anxiety with other symptoms such as heart disease, stroke, and kidney failure. ...
Introduction: Hypertension control has been shown to decrease morbidity and mortality. However, it is unclear whether it is worthwhile to control blood pressure (BP) in the inpatient setting. The aim of the study was to determine physicians’ attitude towards the management and control of hypertension during hospitalization at internal medicine departments.