Medication adherence and its associated factors among hypertensive patients in a tertiary health facility in Minna, North Central Nigeria

Published On: May 16, 2019 | Pages: 003 - 007

Author(s): Mohammed Ndagi Usman*, Mohammad Danjuma Umar, Fatima Auwal Idris and Yusuf Abdullahi

Background: Poor adherence to anti-hypertensive medications has caused increased cardiovascular risk and death. Nigerians have been shown to have a worse prognosis from hypertension, poor blood pressure control, and increased risk of complications arising from poor adherence to anti-hypertension medication. Objective: The objective of this study was to assess anti-h ...
Background: Patients who experience emergencies (HEs) and urgencies (HUs) hypertensive are at high risk for developing clinical complications such as ischemic attack, acute renal injury, or any other ischemic organ damage.

Methods: We reported a case of 45 year-old female admitted to our Emergency Medicine Department for cefalea. The clinical characteristics at admis...