Prevalence of perceived depression and anxiety among hypertensives attending Imo Specialist Hospital Owerri, Nigeria

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Background: Depression is a burdensome disease of global importance, and although prevalent, it is mostly undiagnosed in patients with hypertension. Anxiety is another significant factor associated with increased Blood Pressure and is an independent predictor of future hypertension. The aim of this study was to determine the prevalence of depression and anxiety among ...