Prevalence of perceived depression and anxiety among hypertensives attending imo specialist hospital owerrri, Nigeria

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Author(s): Chikere Ifeanyi Casimir Ebirim*, Ugonma Winnie Dozie, Somtochukwu Mercy Orji, Angela Juliet Uka-Okali, Uchenna Launa Iwumune, Queen Kenechukwu Dozie, Leo Clinton Chukwu, Ekundayo Babajide Otuyelu, Chidiebere Peter Echieh, Uchenna Ewelike, Emmanuel Adeyemi Odumeru, Alvan Ifeanyi Okene, Uchenna Francis Agu and Maureen Maduagwu

Background: Depression is a burdensome disease of global importance, and although prevalent, it is mostly undiagnosed in patients with hypertension. Anxiety is another significant factor associated with increased Blood Pressure and is an independent predictor of future hypertension. The aim of this study was to determine the prevalence of depression and anxiety among ...