Dietary intake of vitamin D in the Moroccan adolescents

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Aims: Most epidemiological studies show that vitamin D deficiency is frequent in the general population including adolescents. The aim of our work is to evaluate the dietary intake of vitamin D in the Moroccan adolescents. Methods: This study included 257 Moroccan adolescents who performed a vitamin D questionnaire (VDQ), covering the consumption of four foods wi ...
Aim: Vitamin A plays a role in mucosal immunity and tolerance, but the association between vitamin A status and allergy is still unclear. The aim of the study was to analyze the levels of vitamin A in serum from adolescents with or without atopic rhinoconjunctivitis. Method: Thirteen-year-old children with atopic rhinoconjunctivitis (n = 53) and non-allergic, nonse ...
The education level of people throughout the world increases food safety awareness is also increasing. In tourism sector, the investments to food security is increasing and applied to a variety of educational activities. ...