Quality of life in patients with epilepsy

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Introduction: Epilepsy affects health globally and reduces the quality of life of those who suffer from it. Objectives: To analyze the quality of life in adult patients diagnosed with epilepsy. Methods: An observational, descriptive, cross-sectional study was carried out. The QOLIE-31 questionnaire was applied to all the included patients. Results: 30 patients, 17 ...
Most of us consider being a good listener crucial for the success of any relationship. It is a quality that denotes how patient we are as people and how much we are willing to give to others

A good listener is what we seek in our parents, friends and romantic partners as subconsciously; the term is associated with being a good person. Unfortunately, most of the listening we are required to do comprises of negative thoughts, complaints and a whole lot of whining from our loved ones. And while every good relationship indeed relies on effective communication ...