Effects of Progressive Muscular Relaxation Combined With Aerobic Continuous Training on Exercise Tolerance, Hemodynamics, and Life Quality in Patients with Chronic Heart Failure

Published On: September 19, 2014 | Pages: 049 - 052

Author(s): Franchini Alessio, Murugesan Jeganath, Cioffi Veronica and Caminiti Giuseppe*

Purpose: To assess if the addiction of progressive muscular relaxation (PMR) to aerobic continuous training (ACT) is more effective than ACT alone in order to improve exercise tolerance of patients with chronic heart failure (CHF).

Methods: Thirty CHF patients, age 67±6 years; ejection fraction 34±2. NYHA II-III was enrolled. Fifteen patients were randomized to gro ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000009

Which Pain Rehabilitation Programme Should Patients With Chronic Back Pain Attend? - A Practical Example of a Service Evaluation Based Upon Implementing Research Findings into Clinical Practice

Published On: September 08, 2014 | Pages: 032 - 038

Author(s): Karen L Barker*, Leila Heelas, Elaine Buchanan and Fran Toye

Background: To evaluate a service reconfiguration of pain rehabilitation programmes for chronic back pain using three programmes of differing intensity and duration and a clinical algorithm. ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000007

Methods for Avoiding or Reducing High Spinal Loads in Everyday Life
Loss of upper Extremity Motor Control and Function affect Women more than Men

Validity of Ratings of Perceived Exertion in Patients with Type 2 Diabetes

Image-Guided Injections of the Hip
Author(s): Evren Yasar, Jaspal R Singh*, John Hill and Venu Akuthota
The authors present a technique paper on the utilization of both ultrasound and fluoroscopy guidance for injections about the hip joint. ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000008

Open Access  Review Article  PTZAID:JNPPR-1-103

Talar Neck Fractures: An Overview

Published On: July 17, 2014 | Pages: 013 - 018

Author(s): S P P S Rao, Mazin S Ibrahim*, Gurdip Chahal and James Ramos
Talar injuries are infrequently encountered in practice as the majority require a high energy force such as road traffic accident or fall from height and they are often presented as complex injuries. Talar neck fracture accounts for half of these injuries. ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000003

Case Report

Open Access  Case Report  PTZAID:JNPPR-1-101

Novel Use of Optokinetic Chart Stimulation with a One -Off Epley’s Manouvre in a Bed-Ridden, Difficult to Rehabilitate, Care of the Elderly Patient with Undiagnosed BPPV: A Case Report

Published On: July 03, 2014 | Pages: 001 - 003

Author(s): Benjamin Chitambira*
Background and objective: Unrecognized BPPV leads to activity limitations. This case report aims to report on use of optokinetic chart stimulation and one off Epley's manoeuvre to treat unrecognised BPPV in chronic Meniere's disease. ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000001
Facilitating Improvements in Interprofessional Pain Management

Published On: September 06, 2014 | Pages: 030 - 031

Author(s): Carol J Clark*

Pain is a global phenomenon in which it has been estimated that 20% of adults and 8% of children suffer from at any one time of whom 10% suffer chronic pain [1,2]. ...