Normative Values for Active Lumbar Range of Motion in Children and Confounding Factors that Affects the Active Lumbar Range of Motion

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Author(s): Sanjeevni Sawale*, Richa Bisen and Senthil Kumar E

Purpose: The purpose of this study was to establish normative values for active lumbar movement in children five, seven, nine, and 11 years of age and to find the confounding factors that affect the lumbar range. ...

Exploring the Extent of Restoration of VoluntaryMovements, Function, Quality of Life and Cost of Formal Care in Dense Strokes Treated by the Optokinetic Chart Stimulation Based OKCSIB Protocol: A Prospective Pilot Randomised Case Controlled Study

Published On: October 05, 2015 | Pages: 051 - 057

Author(s): Benjamin Chitambira* and David Smithard

Background: Stroke remains one of the largest causes of impairment and disability globally. Stroke involves high costs to the health economy. ...

Comparison of Effects of Flutter Device versus Autogenic Drainage on Peak Expiratory Flow Rate, Oxygen Saturation, Respiratory Rate and Pulse Rate in COPD Patients
Purpose: To evaluate the effects of short term treatment of Flutter device and Autogenic Drainage (AD) in patients with chronic obstructive pulmonary disease (COPD).

Muscle Activity, and the Association between Core Strength, Core Endurance and Core Stability

Introduction: Core training is often divided into the training approaches core endurance-, core stability- and core strength training. The aim of the study was to compare the association between core strength, core endurance and core stability testing 52 healthy males and females.

A Review of the Possible Effects of Physical Activity on Low-Back Pain

Objective: Low back pain (LBP) represents the most prevalent and costly repercussion from musculoskeletal injury in the work place. This review examines the earlier and current research reported on the significance of physical activity on musculoskeletal injuries and LBP, the benefits and limitations of therapeutic exercise, and the potential features of various exercise.
Novel Use of Optokinetic Chart Stimulation to Restore Muscle Strength and Function in a Bed Bound Traumatic Brain Injury Patient that was in a Vegetative State of Unconsciousness: A Case Study

Published On: October 14, 2015 | Pages: 058 - 061

Author(s): Ciara R McConaghy and Benjamin Chitambira*

Introduction: Patients with severe traumatic brain injury are known to have poor outcomes. The prognosis is even worse if they remain vegetative or minimally conscious for months. The objective of this case report is to highlight the novel use of optokinetic chart stimulation to improve muscle strength and functional mobility in a patient who was in a vegetative st ...