Psychological correlates of bronchial asthma in young adults: The cognitive orientation approach

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A large body of studies showed emotional, psychopathological and personality correlates of asthma but failed to identify a specific psychological type and specific sources of stress for asthma. The purpose was to identify psychological correlates specific to asthma that would unravel characteristic sources of stress. The study was done in the framework of the cognit ...

Barriers and solutions to stepping down asthma treatment

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Asthma is a chronic airway disease with two characteristic features: (1) chronic airway inflammation (the most common eosinophilic airway inflammation) and (2) airway hyperresponsiveness (excessive airway constriction by normal triggers) [1]. Management of asthma requires long-term treatment to achieve well-controlled symptoms and prevent the risk of exacerbation in f ...
Achieving asthma control: A focus on poor perceivers

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In this season where lung related ailments are more manifest, controlling asthma should be seen as a major win in respiratory health considering its devastating effect. ...