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Research Article

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[Headache: A burden in female life and its self-care](#)

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Background: Headache is one of the deliberating disease affecting all most all population around the globe. There are classifi ed according to ICH guidelines and well explained with three hypotheses. Management includes both pharmacological and non-pharmacological treatment. In female, period between menarche and menopause is bonded with frequent headache due to ho ...

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